

INDIANA JOINT FORCES HEADQUARTERS NATIONAL GUARD

2002 SOUTH HOLT ROAD INDIANAPOLIS, INDIANA 46241-4839



JFHQ-IN-CDR

SS: 7 January 2009

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MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Indiana Army National Guard (INARNG) Suicide Prevention Program

- 1. References: AR 600-63, Army Health Promotion, 07 May 2007; AR 190-40, Serious Incident Report, 15 Jun 07; Memorandum, ARNG NGB-ARO-FP, 2 Nov 07, subject: Serious Incident Reporting Procedure for the Army National Guard; Memorandum NGB-ZA, 17 Sep 08, subject: (All States Log Number P08-0009) Suicide Prevention Program Policy
- 2. This policy identifies the INARNG Suicide Prevention Program. This memorandum supersedes all previous INARNG suicide prevention program policies.
- 3. The Indiana Army National Guard is committed to reducing suicides by implementing the five overreaching strategies as established in Section 4-4 of AR 600-63. This policy supports the implementation of these strategies by:
 - a. Promoting the development of positive life-coping skills.
 - b. Encouraging help-seeking behavior.
 - c. Raising awareness of and vigilance toward suicide prevention.
 - d. Synchronizing, integrating, and managing the Army Suicide Prevention Program.
 - e. Conducting suicide surveillance.
- 4. Company Commanders will become familiar with AR 600-63, to fully understand their roles regarding the Army Suicide Prevention Program and:
 - a. Appoint one officer or one enlisted soldier E6 or above as the Suicide Intervention Officer.
 - b. Provide Annual Suicide Prevention Training by observing September as Suicide Prevention Month, schedule suicide awareness and prevention in the training plan.
 - (1) First line leaders will include the ACE Suicide Prevention training for Soldiers to all E4's and below.
 - (2) Chaplains or senior leaders will include the ACE Suicide Prevention training for leaders to all officers and soldiers E5 and above.

- c. Develop additional strategies that address Suicide Response Planning. Develop a response plan in the event that a Soldier attempts or completes a suicide. This plan will identify resources utilizing internal and community relationships to reduce the risk of further suicides.
- 5. Per paragraph 3a. above, commands will submit duty appointments for unit Suicide Intervention Officers (SIO's) by the suspense date to The State Suicide Prevention Program Manager (SSPPM), CPT Elizabeth Williams, JFHQ-IN-J9, 800-237-2850 ext 85474.

1 Enclosure

as

R. MARTIN UMBARGER Major General, INARNG The Adjutant General

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